# **Blueridge Community News**



10<sup>th</sup> Anniversary Blueridge Good Neighbour Day Sunday, June 10, 2007 10:00 am – 1:30 pm Parade starts Blueridge Park 9:30 *sharp* 

This year we celebrate the 10<sup>th</sup> anniversary of Good Neighbour Day. In 1998, many BCA members felt a family themed fun day should be organized so our community could meet and get to know their neighbours, but a name was needed for Don Williams was an original committee member and after careful consideration suggested Good Neighbour Day as the event name. It was warmly embraced and over the past 10 years has been used to name this event, which has grown in size and popularity. Many a sunny day has been filled with good food, family fun and entertainment with warm memories of parade costumes and decorated bikes, the kid's carnival, Cinemazoo, Yukon Dan, Celtic Medley, pony rides and steamy hot pancakes. This year we honour Don for his work and dedication to making this event so successful, thank you Don Williams! And the 10<sup>th</sup> anniversary of Good Neighbour Day promises to be a good one! Cinemazoo, Yukon Dan, Celtic Medley, pony rides are just a few of the groups committed to returning this year. Plus, we will have a wonderful pancake breakfast, a silent auction and other wonderful performers and community tables for you to enjoy.

However, while we celebrate its origin we might also be celebrating its final year. A small core group of volunteers have been dedicated to making this event successful and unfortunately, some committee members are moving on to other endeavours and without someone to replace their work, this event will not take place next year. We ask that new or old Blueridge residents answer the call to become a committee member: help organize kid's crafts, organize kid's games, arrange entertainment, organize volunteers or fund raise for the silent auction. Go to:

http://members.shaw.ca/blueridgeca/



It's in the Papers, it's on the News!!!

By Diane Dutton

We all know about the meetings held in Paris on Climate Change. Bear with me, I'm not a professional Environmentalist, I work in the software industry. However, I am a concerned inhabitant of the earth and am interested in what happens to it.

The climate is changing, yes. We should all agree this is not a good thing AND we should all agree that we can do something about it.

To quote Achim Steiner, the executive director of the U.N. Environment Program, "The public should not sit back and say 'There's nothing we can do'," Steiner said. "Anyone who would continue to risk inaction on the basis of the evidence presented here will one day in the history books be considered irresponsible." Ouch.

So what are you doing? What COULD you be doing? Here's the challenge. First of all, I'd like to hear what people are currently doing for the environment, whether it's recycling, composting, riding your bike to work, purchasing a hybrid vehicle, walking to school. Secondly, I'd like to hear what NEW things you are planning to do to help out such as not idling, planting trees, etc. Here's a great link I stumbled on called "25 Ways To Help Curb Climate Change:

# http://www.parade.com/articles/web\_exclusives /06-25-2006/Climate\_Change\_Tips/

Did you know this stuff? Here are 10 subheadings from the list:

- 1. Buy better bulbs
- 2. If it ain't full, don't run it (dishwasher)
- 3. The two-degree solution (thermostat)
- 4. Think balmy, not boiling (water-heater)
- 5. Double-up for cold weather (windows)
- 6. A clean filter is an efficient filter (furnace, etc)
- 7. Time to upgrade (appliances)
- 8. Switch into energy-save mode (appliances)
- 9. Show you're plugged in by unplugging
- 10. Take a power-shower

There's so much more you can do. Take an interest in the future of your planet! Don't just sit back and hope this problem is going to go away on its own. Change, make a difference, get on the environmental band-wagon!

## Our World Famous Mountain Bike Trails By Stephen Parker

So, this guy walks into a bike store in the small town of Moab in Utah. He strikes up a conversation with the owner, who asks where he is from. The guy replies, Canada. "Whereabouts?" asks the owner. The man replies, "The North Shore". "Really? You lucky guy" answers the clerk with obvious envy. The guy didn't have to tell him that the North Shore referred to The

District of North Vancouver, British Columbia, Canada, because every mountain biker in the world has heard about the North Shore. That guy in the bike store was me. Never before in my life had I been so proud to live in Blueridge.

For those of you who are not mountain bikers, it may surprise you to learn our backyard, is world renowned for its mountain bike trails. In fact, certain styles of mountain bike trails are referred not only as "North Shore Style", but simply, "Shore style" trails. Mountain bikers from as far away as England and Australia covet these trails, which we enter only a few feet from our back doors. Worldwide, mountain bikers dream of eventually getting to "Ride the Shore.

On any given sunny day, (and on most rainy days as well), people from Burnaby, Langley, Chilliwack, etc. travel great distances to get exercise, punish their bodies and experience the trails. They park in local mall lots, welcomed by the management in acknowledgement of the money to be spent on coffee, pizzas, pop, beer, bike repairs and bandages at the conclusion of the ride. Clad in baggy shorts, stiff bottomed shoes and embark on a punishing, heart throbbing climb to the start of the singletrack downhill. At the apex of the hill, they strap on the protective armour, leaving little of their body unprotected. After all, rocks, roots, stumps and gravel are not that body friendly.

They are 12, 25, 40, 55 or even 70 years old. Some are broke. Some are rich. They are you. They are me. Teeth clenched, fingers quivering, alert on brake levers, rear ends off the bike seats to lower the center of gravity, and bodies hunched over their \$200 to \$10,000 bikes, they cascade down the narrow channels.

The lucky ones emerge from the trail with all their body parts in the same condition and location as at the start. Others, perhaps less experienced, but more likely just unlucky, end up with a laceration (usually left unbandaged and dripping blood as a badge of honour), a broken bone or a torn ACL. Sometimes, for an added dimension, when the regular thrill is not enough, we ride at night, in the dark - not as stupid as that might appear as we do wear headlamps.

Get involved – volunteer! email - <u>blueridgeca@shaw.ca</u>

...2



Living in Blueridge is to a mountain biker what living in River's Inlet, or Campbell River, on the waterfront, would be to a fisherman. Or, consider living right on "Seventh Heaven" on Whistler if you are a skier. How about living on "Pebble Beach or Augusta" if you are a golfer? That is what it is like for a mountain biker to live in Blueridge.

# Block Watch By Eric Andersen

Since June 1, 2006, the following break and enters were reported in Blueridge/Seymour Heights area:

October 10 1700 block Emerson Court

October 16 2400 Hayseed Close December 7 2400 Keats Road

January 29 2800 Mount Seymour Parkway

January 30 2600 Hardy Crescent

#### Committees

A number of our residents have very kindly agreed to join various committees and represent the Blueridge Committees. These include:
Anne Cockle – CMAC water committee
Michele McKnight – Canlan IceSports Committee
Rick Greenwell - Alpine Rec. Reference Group
Alex McNeil – Community Advisory Panel
In addition Fred Gooch and Eric Andersen make sure that the BCA is represented at the monthly FONVCA (Federation of North Vancouver Community Associations) meetings.

Blueridge Community Association website http://members.shaw.ca/blueridgeca/

# Seymour-Capilano Water Filtration Projects By Ann Cockle

Here is an update on the construction of the Seymour-Capilano Water Filtration Projects under construction at this time and due to be completed by late 2008. It is a very large and expensive undertaking for our area by the GVRD. The GVRD does an excellent job of keeping local communities (CMAC) informed with monthly reports from all the Contractors and those involved with the project.

Seymour River Falls Dam -construction work is shut down until April/May due to winter conditions. The work at the Dam raising and surrounding watershed is nearly complete, just some replanting to be completed.

Seymour Filtration Plant - the construction of the huge concrete Filtration Plant has been completed and the overfill is in progress. Mechanical, electrical and piping work is to be completed in late 2007, when testing will begin. Landscaping around the Plant will be taking place during this spring and next fall and will be completed in 2008. Some testing will take place in 2007. Note - The Seymour Filtration Plant suffered during our wind storms when a clump of very tall trees came down, very close to the 600 meter shaft to the tunnels, crashed through security fences, and sent stored equipment flying, some down the shaft to the bottom. Fortunately none of the workers were nearby so no injuries occurred. Twin tunnels-Two 7 Km tunnels connecting Seymour Filtration Plant to the Capilano River (Cleveland Dam) should be completed the end of 2007. Work is ongoing 600 meters underground 24/7 with a Boring Machine hard at work in each tunnel, but needing to shut down from time to time for maintenance work. The work is 10% complete. The steel lining will be completed in 2008. Right now, #1 tunnel is west of under Hoskins and #2 tunnel is under or west of Lynn Canyon.

Capilano Pumping Station at Capilano River - nearly complete and testing will be done on the electrics later this year. Completion of the enclosing around the plant will be soon. This is the western end of the 7 Km tunnels connecting the Seymour and Capilano Rivers.

... 3

Energy Plant at Capilano/Cleveland Dam - The plant will be complete in 2008. Roof and back fill is or will be finished very soon. The surrounding road is waiting for better weather to be completed. GVRD and District of North Vancouver are installing water pipes.at this time down Riverside Place. These lines go through Maplewood area all the way to Beach Yard at Burrard Inlet and connect to new pipes under the inlet, some of this work has been completed.

Trails - Baden Powell Trail has had numerous interruptions from time to time, but the GVRD are hoping things will be finished later this year.

Blueridge Community Association email: blueridgeca@shaw.ca

### Your Health

By Laura Wells

I'm wondering if it is time to get the North Shore Public Health involved in doing a survey on illness in the Blueridge Community. There seem to me an inordinate number of Cancers, Multiple Sclerosis, Fibromyalgia and other autoimmune diseases such a Rheumatoid Arthritis in our area. What was tested in the Rifle Range during the Second World War? Where did they get the landfill for the properties on Berkeley years ago? I have two of these diseases and I know I am not alone. What is your opinion on this concern? Should we put it out to the community at large? Are there high levels of gases in the area due to the chemical plant in Maplewood? Feel free to contact me. Thank you Laura Wells 604 929-5968

### Thank You Good Neighbour Day Sponsors

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### **BCA AGM:**

Tuesday May 8<sup>th</sup>, 7pm, Blueridge School