



Mid May Bulletin!

How are you holding up, neighbours? Much is the same as before, and yet much has forever changed. To say it's a difficult time is an understatement. There is a huge divide between those that are busier than ever right now with all the pressures of family and work never ending, and those that have more free time than they know what to do with. Gardens are flourishing, volunteering or looking out for neighbours is higher than usual. Financial situations have become dire and scary. Crime and abuse is on the rise. Grocery stores are once again (almost!) fully stocked, and the lineups have become manageable. It's an unsettling time, and really truly the hardest experience many of us have been through. And while all of our journeys are independent of each other, and none of us quite knows what it's like to live in another person's shoes, together we go navigate this new world together, find a new normal. But together, we plod on, and in coming together, we have community.





Despite the fear and uncertainty and hardships, we have witnessed an unbelievable coming together of community here in Blueridge:

- Hearts of Hope and Rainbows spreading loving reminds plastered windows
- Beautifully painted rocks have popped up in trails and gardens with words of courage, strength, and resilience (and often humour!)
- The volunteering spirit is incredible; there's a list of over 30 volunteers that signed up to be called if needed (groceries etc)
- Post "we actually really NEED toilet paper" or "if anyone sees flour could you grab me a bag please" and you will have half a dozen txt messages within minutes offering to purchase your groceries and deliver them to your door!
 - We've all become familiar with the smell of sourdough starter
- Lawns and garden beds are thriving... we've got gorgeous yards everywhere!
 - Everyone is a farmer and growing something it seems!
 - The 7pm cheer is loud and clear and strong. Best part of my day!
- When walking around the neighbourhood we are actually smiling and pausing to say "hi, how are you" as we pass... and it's really a genuine "how are you".
- Musicians and backyard instrumentalists perch on patios and lawn chairs and sing to the world
- Cat-walks and alleys have become a place to feature messages such as "you got this", "stay strong", and "we love our frontline workers!". The art is incredible!
 - We know where the kids live; every driveway is beautifully "chalked" up!
- The The Happy Tree on Whitman was a roaring success, and now has grown

to a "garden of hope" next door. Wildflower seedlings, rocks, and messages adorn the fence and the garden area.

The list goes on!
I am proud to live in Blueridge!





Well done, Blueridge on the Community Care Packages!

As you may know, in April a bunch of neighbours/volunteers came together in Blueridge and were able to put together "goodie bags" for frontline heros... not once, but twice! We had an incredible outpouring of financial, product, and volunteer contributions and had the immense privilege of dropping off 450 care packages to Lions Gate Hospital and Berkley Care Centre the first time... and the RCMP 200 bags on our second go 'round!

*We could NOT have done it without you, our neighbourhood community's generous support... the contributions were incredible, and allowed us to make the packages really special. All the frontline heros were incredibly touched and appreciative. In case you missed it, there were two news stories on it as well in both the **North Shore News** and the **North Shore Daily Post!***

Many more photos are available to be viewed on our [Facebook](#) page!

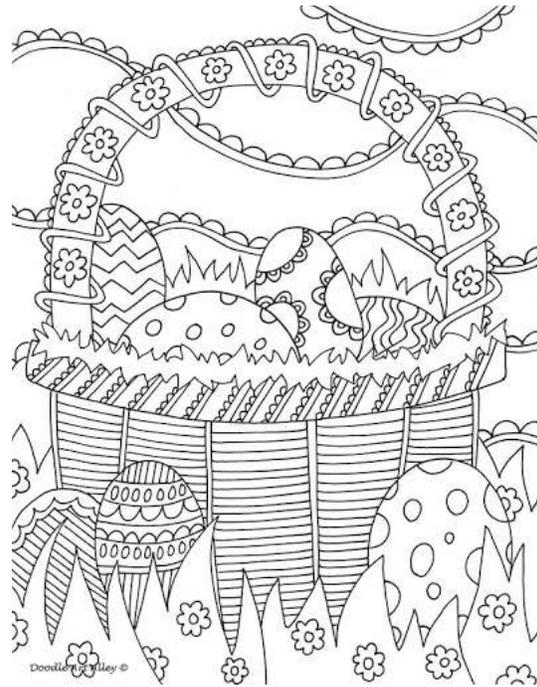
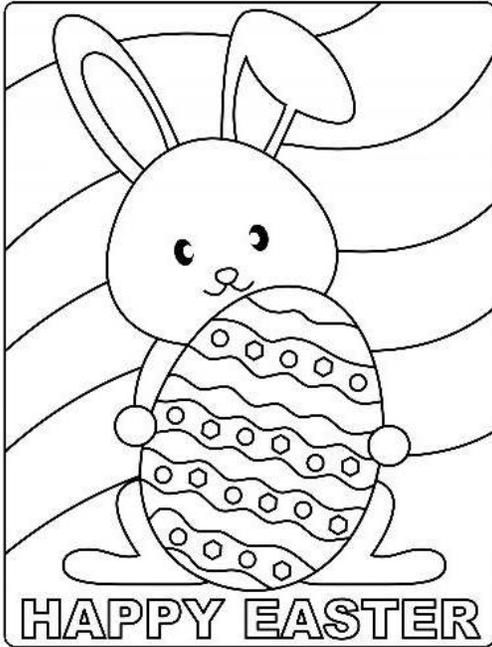


Off to the Printing Press... Er, the Printers'!

Call for Newsletter Submissions! 3 times a year our editor Michael Bernard assembled and expertly puts together a hard copy newsletter that is delivered door to door in Blueridge. This is not to be confused with the monthly emailed bulletins! The newsletter covers much more, and is currently looking for any submissions! If you have anything you'd like to see included in the next newsletter, please email Michael with your submission no later than May 16. Thank you!







Thank you for all the wonderful colouring contest entries!! We have received all your submissions and the judges are THRILLED with each and every detailed entry! Thank you so much... we will be in touch soon regarding all your artwork, and announce the winner on Facebook! The judges are currently reviewing and responding to each piece; all artists will receive a phone call soon ;)



Over 30 Volunteers available to help!

In light of recent Covid-19 developments, we have created a network to support our Local community.

Volunteers are available to assist you and anyone you know of that may require assistance during this time.

Help spread the word!

Anyone that is most affected (seniors, disabled, anyone facing any challenge physically, emotionally, psychologically) needs our support!

If you require assistance, please email us at

info@blueridgeca.org or call us at 778-242-3840 or at 604 929 6849 and we will happily coordinate you with a neighbour.

Find us on Facebook @ Blueridge Community Association and Blueridge Community Neighbours

If you need support, there are many free and low cost support systems in place to support you. Below are some resources, both government and private. Please note the crisis hotline: 1-833-456-4566 toll free

<https://www.crisisservicescanada.ca/en/>

<https://cmha.ca/mental-health/finding-help>

<https://cmha.bc.ca/covid-19/>

<https://bouncebackbc.ca/>

<https://livinglifetothefull.ca/>



**BE FREE
LIVE LIFE TO THE FULL**

4 FREE SESSIONS

With the outbreak of Corona virus, the world has become an increasingly stressed and anxious place to be. However, one way to view this extra space and time is as a 'gift'. Could this be a time to tackle those issues that prevent you from being the best version of you?

We are offering 4 FREE sessions of coaching at www.think-change.org

Please quote '4FREECOACH' when you get in touch

THINKING YOUR WAY TO BECOME A BETTER YOU



Many ways to contact us! we'd love for you to drop us a line, give us a like, retweet our feeds, and follow as we post! We now are connected through email, instagram, facebook, and twitter! Find us at info@blueridgeca.org, on twitter @blueridgeCA, instagram at [Blueridge_Community](#), and facebook under [Blueridge Community Association](#)!

Blueridge Is My Home

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My Dedicated Blueridge Housing Market Page:
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General Info: 1-888-COVID19
Visit: bccdc.ca
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